



# Special Education Updates

Special Education Parent Advisory Committee (SEPAC)

## District Updates



### MESA Day

We are so proud of our Lee Middle School Special Education students, Seth Grady and Angel Rodriguez, for earning first place awards for the academic competition known as MESA Day at UC Davis on March 12!

MESA is the Mathematics, Engineering, and Science Achievement (MESA) program at WJUSD and other schools throughout the state. Lee Middle School took first place in the Glider competition where students had to design and construct a glider that, when launched, flies through the air, makes a right turn and lands on a target located on the right-hand side of the launcher.

## Tips from the field

### 3 Ways to Use Timers to Help with Homework:

1. Have your child complete so many problems (ex. 5 math problems) then they get a break for a preferred activity. Use a timer to indicate the end of the break.
2. Play the timer game. Many kids like to try to beat the clock! Try this with tasks that do not cause a lot of frustration.
3. Use timers to facilitate transitions from one activity to the next. For example, "In five minutes it is time to turn off the computer and start your homework."



## Autism Awareness Week

Gibson Elementary received a grant from The Organization for Autism research (OAR) for "Choose to Include: Autism Awareness and Acceptance".

With these funds they were able to purchase curriculum as well as facilitate a school wide sensory day.



## SEPAC Upcoming Meeting Dates

TBD for the 2022-23 School Year.

Be on the Lookout!

## Contact Us!

Parents, Guardians & Families, if you have questions, suggestions, or useful resources, please email [caitlin.shelton@wjusd.org](mailto:caitlin.shelton@wjusd.org)

Please join us for our next Special Education Parent Advisory Committee (SEPAC) meeting. Feedback from our families helps us to better support our students!